Psychology Tests and Measures A-Z

Psychological tests are instruments used by psychologists to measure the behavioural characteristics of people, such as memory, intelligence, personality, aptitude for work, values, sex role, etc. You can find psychological tests and scales in a number of ways; in the library, in your department, through different websites.

We’ve created an A-Z list of psychological tests but if you have difficulty finding the psychological tests or scales you require please contact us chhslibrary@swansea.ac.uk

**ACHIEVEMENT ANXIETY TEST**


**AGGRESSION QUESTIONNAIRE**


**AGITATED BEHAVIOR SCALE**


**AGORAPHOBIC COGNITIONS QUESTIONNAIRE and BODY SENSATIONS QUESTIONNAIRE**


**ANXIETY SYMPTOM QUESTIONNAIRE**

ATTITUDES TO END-OF-LIFE ISSUES (AEOLI)
Catt, S., Blanchard, M., Addington-Hall, J., Zis, M., Blizard, B., & King, M.

AUTOMATIC THOUGHTS QUESTIONNAIRE

BARRATT IMPULSIVENESS SCALE (Revised)

BECH-RAFAELESEN MELANCHOLIA SCALE

BECK ANXIETY INVENTORY

BECK DEPRESSION INVENTORY

**BECK HOPELESSNESS SCALE**


**BELIEFS AND VALUES SCALE**


**BEM SEX-ROLE INVENTORY (BSRI)**


**BEN-TOVIM WALKER BODY ATTITUDES QUESTIONNAIRE**


**BENDER GESTALT TEST**

BIG FIVE COMPETENCIES GRID


BINET-SIMON TEST


BINGE EATING SCALE


BIRMINGHAM OBJECT RECOGNITION BATTERY (BORB)


BLESSED-ROTH DEMENTIA SCALE


BODY ESTEEM SCALE


BODY SHAPE QUESTIONNAIRE

**BORDERLINE SYNDROME INDEX**


**BRIEF PAIN INVENTORY**


**BRIEF PSYCHIATRIC RATING SCALE**


**BRIEF PSYCHIATRIC RATING SCALE FOR CHILDREN**


**CALIFORNIA PSYCHOLOGICAL INVENTORY**


**CAMDEN MEMORY TESTS**


**CARROLL RATING SCALE FOR DEPRESSION**


CENTER FOR EPIDEMIOLOGICAL STUDIES - DEPRESSION SCALE (CES-D)


CHILD PSYCHOLOGY PORTFOLIO


This pack is kept in Room 808b, Vivian Tower (Psychology Dept.) and can be used by members of the College of Human Sciences.

CHILDREN'S BEHAVIOR QUESTIONNAIRE


CHILDREN'S DEPRESSION INVENTORY


CHILDREN'S EATING ATTITUDES TEST


CHILDREN'S EATING BEHAVIOR INVENTORY - Revised (Archer, 1991)


CHILDREN'S SEX ROLE INVENTORY

**CLINICAL GLOBAL IMPRESSIONS**


**CLINICAL RATING SCALE FOR THE CIRCUMPLEX MODEL OF MARITAL AND FAMILY SYSTEMS**


**COGNITIVE ERROR QUESTIONNAIRE**


**COMPLIANCE QUESTIONNAIRE**


**COMPULSIVE ACTIVITY CHECKLIST**


**COMPUTER ANXIETY RATING SCALE**

Available on “Psychological Tests for Student Use” website

CONTOUR DRAWING RATING SCALE


COOPERSMITH SELF ESTEEM INVENTORY


C.O.P.E.


CORNELL SCALE FOR DEPRESSION IN DEMENTIA


DEATH ANXIETY SCALE


DELIRIUM RATING SCALE


DENTAL FEAR SURVEY

DEPRESSION ADJECTIVE CHECKLIST


DESIRE FOR ALCOHOL QUESTIONNAIRE


DESIRE FOR SPEED QUESTIONNAIRE


DISSOCIATIVE EXPERIENCES SCALE


DISTANT EDUCATION LEARNING ENVIRONMENT SURVEY (DELES)


DRUG ABUSE SCREENING TEST


DYADIC ADJUSTMENT SCALE

E-Q S-Q THEORY


EATING ATTITUDES TEST


EMOTIONAL INTELLIGENCE SCALE


EXPAGG


EYSENCK PERSONALITY QUESTIONNAIRE – REVISED


FAGERSTROM TEST FOR NICOTINE DEPENDENCE

FEAR OF SUCCESS SCALE

FEAR QUESTIONNAIRE


FEAR SURVEY SCHEDULE

FUNDAMENTAL INTERPERSONAL RELATIONS ORIENTATION (FIRO)

GENDER AND TRANSPHOBIA SCALE

GENERAL HEALTH QUESTIONNAIRE


GENERAL SELF-EFFICACY SCALE

Jerusalem, Mathias & Schwarzer, Ralf (n.d.) The general self-efficacy scale (GSE).

GENERAL WELL-BEING SCHEDULE


GLOBAL BELIEF IN A JUST WORLD SCALE


GOODENOUGH DRAW-A-MAN TEST


GORDON PERSONAL PROFILE INVENTORY

**GUDJONSSON SUGGESTIBILITY SCALE**


**HAMILTON ANXIETY SCALE**


**HAMILTON DEPRESSION RATING SCALE**


**HASSTLES AND UPLIFTS SCALE**


**HORN-WAINGROW REASONS FOR SMOKING SCALE**


**ILLNESS BEHAVIOR QUESTIONNAIRE**


**IMPACT OF EVENTS SCALE**

IMPULSIVENESS QUESTIONNAIRE


INTERACTIVE ANXIOUSNESS SCALE


INDEX OF LEARNING STYLES

The instrument has been developed by Richard M. Felder and Barbara A. Solomon of North Carolina State University. Freely available at http://www.ncsu.edu/felder-public/ILSpage.html

INTERNAL-EXTERNAL LOCUS OF CONTROL SCALE


INTERNALITY, POWERFUL OTHERS AND CHANCE SCALES


IRRATIONAL BELIEF SCALE

**JOB INVOLVEMENT QUESTIONNAIRE**


**JUNIOR I.V.E. SCALE**

Eysenck et al. (1980) "Impulsiveness and venturesomeness in children" *Personality and individual differences*, 1 (1), pp. 73-78.

**JUROR BIAS SCALE**


**JUST WORLD SCALE**


**LEAST PREFERRED CO-WORKER SCALE**


**LEARNING POTENTIAL ASSESSMENT DEVICE**


**LEYTON OBSESSIONAL INVENTORY**

**LOCKE-WALLACE SHORT MARITAL ADJUSTMENT TEST**


**McGILL PAIN QUESTIONNAIRE**


Milne, D. (1992) Assessment: a mental health portfolio. London: NFER-Nelson. (includes the McGill Pain Questionnaire). This pack is kept in Room 808b, Vivian Tower (Psychology Dept.) and can be used by members of the College of Human and Health Sciences.


**McMASTER FAMILY ASSESSMENT DEVICE**


**MACH IV / MACH V ATTITUDE INVENTORY / KIDDIE MACH**


**MAGICAL IDEATION SCALE and PERCEPTUAL ABERRATION SCALE**

MANIC-STATE RATING SCALE

MARLOWE-CROWNE SOCIAL DESIRABILITY SCALE

MAUDSLEY OBSESSIVE-COMPULSIVE TEST

MEASURES IN HEALTH PSYCHOLOGY
Wright, S., M. Johnston & J. Weinman (1995) Measures in health psychology. London: NFER-Nelson. (Includes 12 themed booklets containing over 40 measures for behaviour and attitude to illness and healthcare). This pack is kept in Room 808b, Vivian Tower (Psychology Dept.) and can be used by members of the School of Human Sciences.

MENTAL STATES TASK (MST)

MINI-MENTAL STATE EXAM

MINNESOTA MULTIPHASIC PERSONALITY INVENTORY (MMPI)
MINNESOTA SATISFACTION QUESTIONNAIRE


MISSISSIPPI SCALE FOR COMBAT-RELATED POSTTRAUMATIC STRESS DISORDER


MOBILITY INVENTORY FOR AGORAPHOBIA


MULTIDIMENSIONAL BELIEF IN A JUST WORLD SCALE


MULTIDIMENSIONAL HEALTH LOCUS OF CONTROL SCALES A&B


MULTIDIMENSIONAL HEALTH LOCUS OF CONTROL SCALE C


MYERS BRIGGS TYPE INDICATOR


**NEO (Neuroticism/Extraversion/Openness) PERSONALITY INVENTORY**


**OVERALL JOB SATISFACTION MEASURE**


**PADUA INVENTORY**


**PARANORMAL BELIEFS QUESTIONNAIRE**


**PARANORMAL SCALE**

PENN STATE WORRY QUESTIONNAIRE


PITTSBURG SLEEP QUALITY INDEX


PLEASANT EVENTS SCHEDULE


POSITIVE AND NEGATIVE AFFECT SCHEDULE


POST-SLEEP INVENTORY


PRE-SLEEP AROUSAL SCALE


PROFILE OF NON-VERBAL SENSITIVITY (PONS) TEST

**PROFILE OF ANGER COPING SKILLS**


**PSYCHOPATHY CHECK LIST - REVISED**


**PURPOSE IN LIFE TEST**


**QUALITY OF RELATIONSHIPS INVENTORY**


**RATHUS ASSERTIVENESS SCHEDULE**


**RAVEN'S PROGRESSIVE MATRICES**


**REACTIVE-PROACTIVE AGGRESSION QUESTIONNAIRE (RPQ)**


**REACTION INVENTORY (ANGER AROUSAL)**


**READING DECISION TEST**


**REASONS FOR LIVING INVENTORY**


**REMOTE ASSOCIATES TEST**


Kihlstrom, John F. *Remote Associates Test (Table for 68 RAT items)*

**REPERTORY GRID TECHNIQUE**


**ROBSON’S SELF ESTEEM SCALE**

**ROSRACH TEST**


**ROSENBERG SELF ESTEEM SCALE**


*Rosenberg Self Esteem Scale* - published on website of Morris Rosenberg Foundation, University of Maryland


**ROSENZWEIG PICTURE-FRUSTRATION TEST**


**S-Q THEORY**


**SATISFACTION WITH LIFE SCALE**


**ST. MARY’S HOSPITAL SLEEP QUESTIONNAIRE**


**SCALE FOR THE ASSESSMENT OF NEGATIVE SYMPTOMS and SCALE FOR THE ASSESSMENT OF POSITIVE SYMPTOMS**


**SELF-ADMINISTERED ALCOHOL SCREENING TEST (SAAST)**


**SELF-EFFICACY SCALE**


**SELF-REPORT QUESTIONNAIRE FOR SCREENING INDIVIDUALS AT RISK OF DEVELOPING AN EATING DISORDER**


**SENSATION SEEKING SCALE (SSS-V)**


**SEXUAL AROUSABILITY INDEX**


**SEXUAL INTERACTION INVENTORY**


**SEXUAL ORIENTATION BELIEFS SCALE (SOBS)**


**SIGNIFICANT OTHERS SCALE**


**SIXTEEN PERSONALITY FACTOR QUESTIONNAIRE (16PF)**


SOUTH OAKS GAMBLING SCREEN


SOCIAL INTERACTION SELF-STATEMENT TEST


SOCIAL READJUSTMENT RATING SCALE


SPIRITUALITY QUESTIONNAIRE


STANFORD SLEEPINESS SCALE


STATE SELF-ESTEEM SCALE


STRAUSS-CARPENTER LEVELS OF FUNCTIONING SCALE


SUBJECTIVE OPIATE WITHDRAWAL SCALE and
OBJECTIVE OPIATE WITHDRAWAL SCALE


TEXAS SOCIAL BEHAVIOR INVENTORY


THREE FACTOR EATING QUESTIONNAIRE


TOLERANCE OF NEGATIVE AFFECTIVE STATES (TNAS)


TRAUMA RELATED GUILT INVENTORY


VERBAL & SPATIAL REASONING TEST (VESPAR)


WAYS OF COPING SCALE

WECHSLER ADULT INTELLIGENCE SCALE


WEST HAVEN-YALE MULTIDIMENSIONAL PAIN INVENTORY


WORK LOCUS OF CONTROL SCALE


WORKER MOTIVATION SCALE


YALE-BROWN OBSESSIVE COMPULSIVE SCALE


ZUNG SELF-RATING DEPRESSION SCALE


Contact: chhslibrary@swansea.ac.uk